

1

Benefits of Return-to-Work

- Number of days lost to work-related injuries is reduced and productivity is increased
- Recovery period is reduced, risk of re-injury and secondary issues is minimized
- Medical and workers' compensation costs are reduced
- Injured worker regains some normalcy and feels valued
- Fraud is discouraged
- Assists in meeting requirements for ADA & FEHA



2

What makes a successful RTW program?

- Formalize transitional modified duties in written form
- Proactively identify tasks. More tasks = richer RTW program
- Utilize staff members for transitional modified duty development
- Use your imagination It's not how they normally perform a task, but how it can be performed
- Document physical capacities of tasks
- Explore all tasks with different physical capacities
- Utilize Modified Duty Agreement forms
- Cooperative Clinic building a good relationship
- First Report/Nurse Triage Hotline



2

Managing the Process

- Dedicated staff member to manage RTW efforts
- · Documentation of all RTW efforts
- Monitor injured workers' progress
- Check in the with the injured worker frequently
- Maintain relationship with designated doctor/clinic



Δ

RTW Pitfalls & Common Mistakes

- Picking and choosing who is returned to work
- Using modified duty punitively/HR tool
- Setting maximum modified duty time limit
- Sending a worker home so they can recover
- Rescinding an offer of modified duty if injured worker raises concerns
- Give up on offering accommodations because it has not worked in the past



5