Adapting Workplace Wellness Programs

1. Customization of Programs
- a) Needs Assessment
    - i. Job Tasks
    - ii. Health Risk Stratification
- b) Environment
- c) Culture

2. Population Demographics
- a) Office Employees
- b) Field Workers
- c) Public Safety

3. Creating the Program
- a) Components based on Needs Assessment, Job Tasks, Health Risk Stratification

4. Overcoming Challenges and Barriers
- a) Memorandums of Understanding (MOUs)/Culture
- b) Risk Management
    - i. Implementing a Program

5. Program Evaluation
- a) Return on Investment
    - i. Morale
    - ii. Workers Compensation
    - iii. Medical Costs/Claims